

James Patient Education Handouts (A – Z)



Click on the title to see the handout

To narrow your search use “Ctrl + F” and enter a keyword

Abdomen CT Scan - The James
Abemaciclib
Abiraterone (Zytiga)
About Hospice Care
About Your Visit at The James Gastrointestinal (GI) Clinic
ABVD: Doxorubicin, Bleomycin, Vinblastine, Dacarbazine
AC: Doxorubicin and Cyclophosphamide
Acalabrutinib (Calquence)
Acute Leukemia
Acyclovir (Zovirax)
Ado-Trastuzumab Emtansine
Advance Directives
Afatinib (Gilotrif)
After Your Endoscopic Endonasal Skull Base Surgery
Alectinib (Alecensa)
After Your Benign Breast Surgery
After Your Breast Cancer Surgery
After Your Spine or Joint Injection
All About Me
All About Me - Russian
All About Me - Somali
All About Me - Spanish
Allogeneic Stem Cell Transplant
Amyloidosis Clinic Physical Therapy Recommendations
Anal Cancer
Anal Cytology and High Resolution Anoscopy (HRA)
Anticipatory Grief in Family/Caregivers
Anticipatory Grief in Patients
Antithymocyte Globulin (ATG)
Apheresis
Approaching the Final Days
Areola Tattooing
Aromatase Inhibitor Therapy for Breast Cancer for Females
Aromatase Inhibitor Therapy for Breast Cancer for Males
Aromatherapy
Astrocytoma
Autologous Stem Cell Transplant
Automated Whole Breast Ultrasound (ABUS)
Automated Whole Breast Ultrasound (ABUS) - Spanish
Avapritinib (Ayvakit)

James Patient Education Handouts (A – Z)

The James



THE OHIO STATE UNIVERSITY
COMPREHENSIVE CANCER CENTER

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Axillary Web Syndrome Exercise Program
Axitinib (Inlyta)
Basics of Blood Sugars
BCG and Anktiva Therapy – Intravesical Treatment for Bladder Cancer
BCG Therapy - Intravesical Treatment for Bladder Cancer
Before Your Benign Breast Surgery
Before Your Breast Cancer Surgery
Belzutifan
Benign Pituitary Tumor
Bevacizumab (Avastin)
Bexarotene (Targretin)
Bicalutamide (Casodex)
Binimetinib (Mektovi)
Bisphosphonates (taken by mouth)
Bladder Cancer Internet Resources
Bladder Irrigation Treatment for Bladder Cancer
Blank Notes Page - The James
Blood and Marrow Transplant Question and Answer Sheet
Blood and Marrow Transplant Blood Value Record
Blood and Marrow Transplant Unit - B.M.T.U.
Blood and Marrow Transplant Unit (BMTU): Visitor Guidelines
Blood and Marrow Transplant: Things You May Bring To The Hospital
Blood Cancers/Disorders: Precautions for Use of Dietary/Herbal Supplements
Blood Glucose Record Sheet
Blood Work Record Sheet for Cancer Patients
Bone Marrow Donation
Bone Marrow Procedure Guide
Bone Marrow Transplant - Advanced Exercise Program
Bone Marrow Transplant Unit - Low White Blood Cell Count (WBC) Precautions
Bortezomib
Bosutinib (Bosulif)
Botulinum Toxin (Botox) for Voice Disorders
BR: Bendamustine, Rituximab
Brachytherapy for Gynecologic Cancers
Brain Metastasis
Brain Tumor Questions
Brain Tumor Resources
Brain Tumors
Breast Biopsy Internet Resources
Breast Biopsy Markers

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To narrow your search use “Ctrl + F” and enter a keyword

Breast Biopsy Methods
Breast Cancer – Low White Blood Cell Count Precautions
Breast Cancer and Nutrition
Breast Cancer and Nutrition - Spanish
Breast Cancer Surgery - What to Expect During Your Hospital Stay
Breast Cancer: Precautions for Use of Dietary/Herbal Supplements
Breast Cancer: Precautions for Use of Dietary/Herbal Supplements - Spanish
Breast Cancer: Questions to Ask About Reconstructive Breast Surgery - Spanish
Breast Cancer: Questions to Ask About Reconstructive Breast Surgery
Breast/Chest Cancer Screening for Breast Owners
Breast/Chest Cancer Screening in Transgender Men
Breast/Chest Cancer Screening in Transgender Women
Breast/Chest Reconstruction: A Decision-Making Tool
Breast Pain (Mastalgia)
Breast Reconstruction with Abdominal Tissue
Breast Reconstruction with Latissimus Muscle Flap
Breast Reconstruction with Tissue Expanders/Implants
Breast Ultrasound
Breathing Exercises for Wellbeing
Brief Self Manual Lymphatic Drainage (MLD) for Neck, Armpit, Groin (NAG)
Brigatinib (Alunbrig)
Bronchoscopy
BV-CHP: Brentuximab Vedotin, Cyclophosphamide, Doxorubicin, Prednisone
Calcium + Vitamin D Supplements for Breast Cancer Survivors
Calendar
Cancer and Depression
Cancer and Male Fertility
Cancer and Seizures
Cancer and Spiritual Needs
Cancer Genetics Consultation
Cancer Internet Resources
Cancer of the Colon and Rectum
Cancer Patient Education Resources at The James
Cancer Patient Education Video Flyer
Cancer Patient Education Video List (Suggested Topic Checklist)
Cancer Patient Support Screening
Cancer Screening for Men
Cancer Screening for Men - Russian
Cancer Screening for Men - Somali
Cancer Screening for Men - Spanish

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To narrow your search use “Ctrl + F” and enter a keyword

Cancer Screening for Women
Cancer Screening for Women - Russian
Cancer Screening for Women - Somali
Cancer Screening for Women - Spanish
Cancer Surgery: Precautions for Use of Dietary/Herbal Supplements
Cancer Survivorship
Cancer Therapy: Managing Cancer-Related Fatigue with Bright White Light Therapy
Cancer Therapy: Managing Side Effects - Constipation
Cancer Therapy: Managing Side Effects - Dehydration
Cancer Therapy: Managing Side Effects - Diarrhea
Cancer Therapy: Managing Side Effects – Dry Mouth and Thick Saliva
Cancer Therapy: Managing Side Effects - Esophagitis
Cancer Therapy: Managing Side Effects - Fatigue
Cancer Therapy: Managing Side Effects - Mouth Sores
Cancer Therapy: Managing Side Effects - Nausea and Vomiting
Cancer Therapy: Managing Side Effects - Radiation Therapy Skin Care
Cancer Therapy: Managing Side Effects - Taste Changes
Cancer Therapy: Managing Side Effects – Tips to Sleep Better
Cancer Therapy: Managing Side Effects - Vaginal Dryness
Cancer: Precautions for Use of Dietary/Herbal Supplements
Cancer-Related Changes in Thinking
Capecitabine
Capecitabine and Lapatinib
Capecitabine and Neratinib
Capmatinib (Tabrecta)
Carboplatin
Care After Your Breast Biopsy
Care After Your Breast Biopsy - Arabic
Care After Your Breast Biopsy - Chinese
Care After Your Breast Biopsy - Nepali
Care After Your Breast Biopsy - Russian
Care After Your Breast Biopsy - Spanish
Care After Your Lymphovenous Bypass Surgery
Care After Your Vascularized Lymph Node Transfer to Your Arm
Care After Your Vascularized Lymph Node Transfer to Your Leg
Care at Home After Nipple Sparing Mastectomy
Care at Home After Radiation Plaque Insertion
Care at Home After Your Thyroid Radiofrequency Ablation
CARE Clinic Physical Therapy Recommendations
Care of Your Arm After Lymph Node Removal (Female)

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To narrow your search use “Ctrl + F” and enter a keyword

Care of Your Arm After Lymph Node Removal (Male)
Care of Your Continent Urinary Pouch
Care of Your Leg After Lymph Node Removal
Care of Your Tracheostomy Stoma After Tube Removal
Caregiver’s Role After Your Blood and Marrow Transplant
Caregiver’s Role After Your Cellular Therapy
Carfilzomib
Caring for Your PleurX Drainage Catheter at Home
Carotid Artery Rupture Precautions
CAR-T Chemotherapy
CAR-T Immunotherapy
CAR-T Immunotherapy Quick Fact Guide
Celiac Plexus Block
Cellular Therapy Infusion
Cellular Therapy Question and Answer Sheet
Central Venous Catheter (CVC) Port Protector
Central Venous Catheter (CVC) Sterile Dressing Change - The James
Ceritinib (Zykadia)
Changes in How You May Look After Head and Neck Cancer Treatment
Checklist for Reporting Symptoms and Side Effects
Checkpoint Inhibitor Immunotherapy
Chemotherapy
Chemotherapy Infusion Complications
Chemotherapy Infusion Complications - Spanish
Chest X-Ray - The James
Chiari Malformation
Chlorambucil (Leukeran)
Choosing the Right Mental Health Professional
CHOP: Cyclophosphamide, Doxorubicin, Vincristine, Prednisone
Cisplatin
Clinical Trials at The James
Clinical Trials at The James - Russian
Clinical Trials at The James - Somali
Clinical Trials at The James - Spanish
Closed Incision Negative-Pressure Therapy (CINPT)
CMF: Cyclophosphamide, Methotrexate and Fluorouracil
Colorectal Cancer Screening
Colorectal Resection
Common Breast/Chest Changes
Common Breast/Chest Changes - Russian

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The James



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COMPREHENSIVE CANCER CENTER

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To narrow your search use “Ctrl + F” and enter a keyword

Common Breast/Chest Changes - Somali
Common Breast/Chest Changes - Spanish
Commonly Used Insurance Terms
Compression Therapy for Lymphedema
Cone Biopsy - The James
Constipation and Opioid (Pain Medicine) Use
Construction Work at Martha Morehouse Tower - Information for Patients at Risk
Construction Work at The James - Information for Patients at Risk
Contrast Enhanced Mammography (CEM)
Cool Plan for Drug Leak
Coping in a Time of Major Life Change
Coping in a Time of Major Life Change - Russian
Coping in a Time of Major Life Change - Somali
Coping in a Time of Major Life Change - Spanish
Coping When a Loved One is Seriously Ill
Core Needle Biopsy
Corticosteroids - The James
Crizanlizumab
Crizotinib (Xalkori)
Cyclophosphamide
Cystectomy (bladder removal) and Female Sexual Functioning
Cystectomy (Bladder Removal Surgery) - What to Expect During Your Hospital Stay
Cystectomy (bladder removal) with a Continent Catheterizable Urinary Diversion
Cystectomy (bladder removal) with an Orthotopic Neobladder
Cystectomy (bladder removal) with Ileal Conduit Urinary Diversion
Cystectomy Surgery - Day of Surgery
Cytokine Release Syndrome (CRS) - Cellular Therapy
Dabrafenib (Tafinlar)
Daily Breast Pain Log
Daratumumab
Dasatinib (Sprycel)
Death, Loss and Grief - Helping Children and Teens Understand and Cope
Decitabine-Cedazuridine (Inqovi)
Deep Breathing and Coughing with a Tracheostomy
Deferasirox
Denosumab (Xgeva, Prolia)
Dental Stents for Radiation Therapy
DHAX: Dexamethasone, Cytarabine, Oxaliplatin
Diet and Fluid Guidelines for Ostomy Patients
Diet Changes to Help Reduce Inflammation and Symptoms of Lymphedema

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To narrow your search use “Ctrl + F” and enter a keyword

Direct Microlaryngoscopy (DML)
Discharge Information After Your Gastrointestinal (GI) Surgery
Discharge Instructions and Immune Precautions Autologous Blood and Marrow Stem Cell Transplant
Discharge Instructions and Immune Precautions: Allogeneic Blood and Marrow Transplant
Docetaxel
Doxorubicin Liposomal (Doxil)
D-PACE: Dexamethasone, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide
Dry Skin
DT-PACE: Dexamethasone, Thalidomide, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide
Ductal Carcinoma in Situ (DCIS) of the Breast
Duvelisib (Copiktra)
Early Detection of Lymphedema
Eating Tips for Managing Cancer Treatment Side Effects
Echocardiogram - The James
ED Treatment with Manual Vacuum Erection Device
ED Treatment with Motorized Vacuum Erection Device
Elacestrant (Orserdu)
Elastomeric (OnQ) Pain Pump
Emergency Care for Acute Leukemia Patients
Emergency Care for Blood and Marrow Transplant Patients
Emergency Care for Hematology Patients
Emergency Care for Patients of The James
EMPOWER. ENRICH. EDUCATE.
Enasidenib (Idhifa)
Encorafenib (Braftovi)
Endari for Sickle Cell Disease Treatment
Endocrine Therapy for Breast Cancer
Endometrial Biopsy
Endoscopic Endonasal Skull Base Surgery
Endoscopic Endonasal Skull Base Surgery - Day of Surgery
Endoscopic Endonasal Skull Base Surgery - What to Expect During Your Hospital Stay
Endoscopic Sinus Surgery
Enhanced Recovery Program
Entrectinib (Rozlytrek)
Enzalutamide (Xtandi)
Ependymoma
EPOCH: Etoposide, Prednisone, Vincristine, Cyclophosphamide, Doxorubicin
Erectile Dysfunction Treatment Options After Oncology (Cancer) Treatment
Erectile Dysfunction: What is it?
Eribulin

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Erlotinib (Tarceva)
Erythrocytapheresis (Red Blood Cell Exchange)
Esophageal Cancer
Esophagectomy
Esophagectomy - What to Expect During Your Hospital Stay
Etoposide (Vepesid)
Everolimus (Afinitor)
Exemestane and Everolimus
Exercise Basics – If you Have a Bleeding or Clotting Disorder
Exercise Log - Oncology Rehabilitation
Exercises After a Mastectomy or Lymph Node Removal
Exercises After a Mastectomy or Lymph Node Removal: Advanced Program
Exercises After Breast Surgery
Exercises After Thoracotomy
Exercises Before and After Bone Marrow Transplant
Exercises for a Frozen Shoulder (Adhesive Capsulitis)
Exercises for Peripheral Neuropathy
Exercises to Strengthen Your Pelvic Floor Muscles
External Beam Radiation Therapy for Prostate Cancer
Fam-Trastuzumab Deruxtecan
FEC: Fluorouracil, Epirubicin and Cyclophosphamide
Fedratinib (Inrebic)
Feelings After Blood and Marrow Transplant
Feelings After Cellular Therapy
Female Cancers and Sexuality
Female Reproductive Organs
Feraheme (ferumoxytol)
Fertility Preservation for Males
Fiber Intake for People with Ileostomies
Fiberoptic Endoscopic Evaluation of Swallowing (FEES)
Fight Cancer-Related Fatigue with Good Nutrition
Fight Cancer-Related Fatigue with Good Nutrition - Russian
Fight Cancer-Related Fatigue with Good Nutrition - Somali
Fight Cancer-Related Fatigue with Good Nutrition - Spanish
Filgrastim (Neupogen, Zarxio, Granix, Nivestym)
Financial Assistance Services - Stefanie Spielman Comprehensive Breast Center (SSCBC)
Financial Assistance Services at The James
Fleets Enema Bowel Prep for Prostate Seed Implant or Fiducial Marker Placement
Flexibility and Strengthening Exercises
Fluconazole

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Fludarabine
Fluoride Therapy
Flushing Your Catheter - The James
Flushing Your Feeding Tube
Flushing Your Malecot Drain After Indiana Pouch Surgery
Flushing Your PICC - The James
Food Chart for Ostomy Patients
Food Sources of Magnesium
Fostamatinib (Tavalisse)
Free Flap Reconstruction Surgery
Full Liquid Diet After Esophagectomy
Fulvestrant
Fulvestrant and Alpelisib
Fulvestrant and Capivasertib
Fulvestrant and Everolimus
Fulvestrant and Palbociclib
Ganglion Impar Block
Gastric/Colorectal Cancers: Precautions for Use of Dietary/Herbal Supplements
Gastrointestinal (GI) System
Gemcitabine
Gemcitabine and Carboplatin
Gemcitabine and Cisplatin
Gemcitabine and Docetaxel – Intravesical Treatment for Bladder Cancer
Gemcitabine Chemotherapy - Intravesical Treatment for Bladder Cancer
General Home Care After Breast Reconstruction Surgery
General Instructions to Prepare for Breast Reconstruction Surgery
General Medicine Guidelines for Your Surgery - The James
Getting Your Skin Ready for Surgery - The James
Gilteritinib (Xospata)
Giving Medicine by Subcutaneous Injection - The James
Giving Medicines Through Your Feeding Tube
Giving Naloxone Nasal Spray for Opioid Overdose - The James
Good Posture Habits Before and After Breast Surgery or Radiation
Goserelin
Graft Versus Host Disease
Grief
Gynecologic Oncology Surgery - Day of Surgery
Gynecologic Oncology Surgery - What to Expect During Your Hospital Stay
Gynecologic Cancer - How to Prepare for Radiation Treatments
Gynecologic Cancer - How to Prepare for Your CT Scan

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Gynecomastia
Hair Loss
Hair Loss - Spanish
Hand Foot Syndrome During Cancer Therapy
Hand Washing - The James
Head and Neck Cancer Resources
Head and Neck Cancer Survivor Follow-Up Visits
Head and Neck Oncology Surgery - Day of Surgery
Head and Neck Oncology Surgery - What to Expect During Your Hospital Stay
Head C.T. for Radiation Therapy Planning
Heal Better with Forgiveness
Hematology Transplant Long Term Follow Up Clinic
Hematopoietic Progenitor Cells Apheresis Collection (HPC-A) (Stem Cell Apheresis)
Hepatic Arterial Infusion Pumps
High Blood Pressure - The James
High Calcium in the Blood (Hypercalcemia)
High Calorie, High Protein, Puréed Diet for Head and Neck Cancer Patients
Home Care for Your Gastrostomy Tube (G-Tube) or PEG Tube
Home Care for Your Nephrostomy Catheter - The James
Home Care for Your Wound Drain
Home Care for Your Wound Drain After Breast Surgery
Home Care Instructions After Gynecologic Brachytherapy
Home Safety for Patients Receiving Cancer Therapy
Home Tube Feeding: Daily Log
Hotel Accommodations
Hot Flashes in Men
How to Care for Your Urinary (Foley) Catheter at Home/Female - The James
How to Care for Your Urinary (Foley) Catheter at Home/Male - The James
How to Change the Transparent Dressing and Biopatch
How to Clean Your Tracheostomy or Laryngectomy Suction Catheter
How to Dispose of Prescription Drugs
How to Get Rid of Gas After Surgery
How to Grieve When You Are Unable to Attend a Funeral or Memorial Service
How to Increase Your Calories During Cancer Treatment
How to Keep Your Food Safe
How to Manage High Ostomy Output
How to Prevent an Infection with Your Urinary (Foley) Catheter - The James
How to Prevent Falls in the Hospital
How to Suction Your Tracheostomy
How to Use and Care for Your Compression Sleeve

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How to Use the Tube-Evac Device to Clear Your Drain System
How to Use Your Sequential Pneumatic Pump
How to Wear a N-95 (Respirator) Face Mask
Human Papillomavirus (HPV) and Head and Neck Cancer
Hydroxyurea for Sickle Cell Disease Treatment
Ibrutinib (Imbruvica)
Idelalisib (Zydelig)
Ileostomy Hydration Protocol - Prevent Dehydration
Imatinib (Gleevec)
Immediate Care Center (ICC)
Immunocompromised Diet for BMT Patients
Immunocompromised Diet for Cancer Patients
Implanted Port
Important Information About Cancer and the Flu
Important Information About the Use of Pain Medicine
Important Tips to Remember After CAR-T Immunotherapy
Improve Your Nutrition and Exercise Before Surgery
Incentive Spirometer
Incision Care After Gastrointestinal (GI) Surgery
Indocyanine Green (ICG) Lymphogram to Detect Lymphedema
Infertility and Grief
Inflammatory Breast Cancer (IBC)
Information about Lung Cancer Screening
Injection Cap Change - The James
Instructions for Having Gamma Knife Treatment with Head Frame
Instructions for Having Gamma Knife Treatment with Mask
Instructions to Prepare for Your Lymphedema Surgery
Integrative Therapies for Cancer Related Symptom Management
Interferon Alpha - Information About Your Cancer Treatment
Internet Resources for Bleeding and Clotting Disorders
Internet Resources for Caregivers
Internet Resources for Caregivers of Patients with a Brain Tumor
Intraoperative Radiation Therapy (IORT)
Intraperitoneal Chemotherapy
Intraperitoneal Chemotherapy Turning Schedule
Isatuximab (Sarclisa)
IV CMF: Cyclophosphamide, Methotrexate and Fluorouracil
Ivosidenib (Tibsivo)
Ixabepilone
Ixazomib (Ninlaro)

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The James



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COMPREHENSIVE CANCER CENTER

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To narrow your search use “Ctrl + F” and enter a keyword

James Overnight Visitation Guidelines
JamesCare for Life Programs
JamesCare Monitoring at Home
Jelmyto Treatment for Your Upper Tract Urothelial Cancer
Keeping Track of Symptoms
Kegel Exercises for Women
Kegel or Pelvic Floor Muscle Exercises for Men
Kidney Surgery: Guidelines for Home
KTP Laser Treatment for Voice and Swallow Disorders
Laparoscopic Adrenalectomy
Lapatinib
Laryngectomy Stoma Care
Laryngectomy Suctioning
Laryngopharyngeal Reflux (LPR)
Laryngoplasty
Laser Treatment for Gynecology
Leaving Your Hospital Floor/Unit: What You Need to Know
Leg Bag for Your Urinary (Foley) Catheter
Leg Elevation
Lenalidomide (Revlimid)
Letrozole and Palbociclib
Leukoplakia of the Vocal Cords
Levofloxacin (Levaquin)
Lifestyle and Nutrition Recommendations
Liposuction to Manage Lymphedema
Liquid Biopsy
Liver Cancer
Liver Resection
Liver Resection - Preparing for Your Surgery
Liver Resection Surgery - Day of Surgery
Liver Resection Surgery - What to Expect During Your Hospital Stay
Liver Shrink Diet - Before Liver Resection
Lomustine (CCNU)
Long-Term Opioid Treatment
Long-Term Side Effects from Head and Neck Radiation
Lorlatinib (Lorbrena)
Low Calcium in Your Blood (Hypocalcemia)
Low-dose Abiraterone (Zytiga) with Food
Low Tyramine Diet - The James
Low White Blood Cell Count Precautions

James Patient Education Handouts (A – Z)

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To narrow your search use “Ctrl + F” and enter a keyword

Lower Digestive System Diagram
Lumbar Puncture - The James
Lung Cancer: Diagnosis, Staging and Treatment
Lung Diagram
Lung Surgery - Day of Surgery
Lung Surgery - What to Expect During Your Hospital Stay
Lymphadenectomy (Lymph Node Removal) Surgery
Lymphadenectomy Surgery - Day of Surgery
Lymphadenectomy Surgery - What to Expect During Your Hospital Stay
Lymph Drainage Exercises for Lower Extremity
Lymph Drainage Exercises for Upper Extremity
Lymph Node Removal Surgery (Lymphadenectomy) Frequently Asked Questions (FAQ)
Lymphedema - How to Protect Your Arms or Legs
Lymphedema and Treatment Options
Lymphedema of the Head and Neck After Surgery or Radiation
Lymphovenous Bypass Surgery to Manage Lymphedema
Making the Most of Visits With Your Doctor
Management of Fungating Wounds
Managing Changes after Your Rotationplasty
Managing Dyspnea (Shortness of Breath) When You Have Cancer
Managing Joint Pain and Stiffness from Hormone Blocking Therapy for Breast Cancer
Managing Side Effects of VEGF Receptor Blockers
Managing Symptoms of Menopause
Mandibulectomy
Manual Lymphatic Drainage (MLD) - Breast Home Program
Manual Lymphatic Drainage (MLD) Massage: Head and Neck (Anterior Pathway)
Manual Lymphatic Drainage (MLD) Massage: Head and Neck (Posterior Pathway)
Manual Lymphatic Drainage (MLD) - Lower Extremity (Leg) Home Program
Manual Lymphatic Drainage (MLD) - Upper Extremity (Arm) Home Program
Manufacturing of CAR-T Cells
Margetuximab
Maxillectomy
Medical Identification Bracelet - Continent Urinary Diversion
Medicine Exposure Precautions in the Hospital
Medicine List Card - The James
Melphalan (Alkeran)
Meningioma
Mercaptopurine (Purinethol)
Metastatic Brain Tumors
Metastatic Breast Cancer

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Metastatic Breast Cancer: Questions to Ask Your Oncologist
Metastatic Tumors of The Spine
Methadone for Cancer-Related Pain
Methotrexate (Trexall)
Midostaurin (Rydapt)
Mirvetuximab Soravtansine
Mitomycin-C Therapy - Intravesical Treatment for Bladder Cancer
Modified Charles' Procedure to Manage Lymphedema
MRI Guided Breast Biopsy
My Hospital Discharge Checklist
My Medicine List
My Pre-Surgery Checklist
Nadofaragene firadenovec (Adstiladrin)
Nasogastric (NG) Tube
Neck Dissection
Neratinib
Neobladder Log
Neurotoxicity and Cellular Therapy
Nilotinib (Tasigna)
Nilutamide (Nilandron)
Nipple Reconstruction
Nirogacestat (Ogsiveo)
Nitroglycerin Ointment After Breast Cancer Surgery
Nitrous Oxide for Procedural Use
Non-Drug Pain Relief - Hand Massage
Non-Drug Pain Relief: Distraction with Humor
Non-Drug Pain Relief: For Peripheral Neuropathy
Non-Drug Pain Relief: Frozen Gel Packs
Non-Drug Pain Relief: Heat Therapy
Non-Drug Pain Relief: Heat Therapy - Spanish
Non-Drug Pain Relief: Ice Bags
Non-Drug Pain Relief: Imagery
Non-Drug Pain Relief: Relaxation with Breathing Exercises
Non-Drug Pain Relief: Relaxation with Music or Sounds
Non-Hormonal Products to Help with Vaginal Dryness
Nursing Reports and Rounds - The James
Nutrition and Blood Cancer
Nutrition and Your Tube Feeding
Nutrition Concerns with Advanced Illness or End of Life
Nutrition Guidelines for Carcinoid Patients

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To narrow your search use “Ctrl + F” and enter a keyword

Nutrition Guidelines for Diabetes During Cancer Treatment
Nutrition Internet Resources
Nutrition Notes
Nutrition Supplement to Improve Your Recovery After Surgery
Nutrition Tips to Manage Your Diabetes
Obesity-Induced Lymphedema
Occupational Therapy for the Cancer Patient
Octreoscan
Octreotide (Sandostatin) LAR Injection
Octreotide (Sandostatin) Subcutaneous (sub-Q) Injection
Olaparib
Olaparib - Spanish
Oligodendroglioma
Ommaya Reservoir
Osimertinib (Tagrisso)
Osteoradionecrosis (ORN)
Ototoxicity
Outpatient Lodging: Allogeneic Blood and Marrow Stem Cell Transplant
Outpatient Lodging: Autologous Blood and Marrow Stem Cell Transplant
Outpatient Lodging: Cellular Therapies
Paclitaxel
Paclitaxel and Bevacizumab
Paclitaxel and Carboplatin
Paclitaxel and Trastuzumab
Paclitaxel, Carboplatin, Pembrolizumab
Paclitaxel-Protein Bound
Pain Management
Pain Management Log for Patients
Pain Relief After Endoscopic Endonasal Skull Base Surgery
Pain Relief After Surgery
Palbociclib
Palliative Care
Pamidronate (Aredia)
Pancreatic Cancer
Pancreatic Enzymes
Paracentesis
Paradoxical Vocal Fold Dysfunction (PVFD)
Parotid Gland Surgery
Partial Vulvectomy
Parts of the Head and Brain

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Patient and Family Resource Center
Patient Guide to Radioactive Iodine Treatment
Pazopanib (Votrient)
PCV: Procarbazine, CCNU and Vincristine
Pedicle Flap Reconstruction Surgery
Pegfilgrastim
Pegfilgrastim (Neulasta) On-body Injector
Pegfilgrastim (Udenyca) On-body Injector
Pelvic Exenteration for the Female Patient
Pelvic Floor Physical Therapy for Females with Cancer
Pelvic Floor Physical Therapy for Males with Cancer
Peptide Receptor Radionuclide Therapy (PRRT) – Lu-177
Percutaneous Ablation
Percutaneous Hepatic Perfusion (PHP)
Performing CHG Treatments - The James
Peripheral Intravenous (IV) Therapy
Peripheral Neuropathy Caused by Cancer Treatment - Russian
Peripheral Neuropathy Caused by Cancer Treatment - Somali
Peripheral Neuropathy Caused by Cancer Treatment - Spanish
Peripheral Neuropathy Caused by Chemotherapy or Anti-Cancer Medicine
Peripherally Inserted Central Catheter (PICC)
Pertuzumab and Trastuzumab
Pertuzumab, Trastuzumab and Hyaluronidase
Pertuzumab, Trastuzumab, Docetaxel and Carboplatin
Pertuzumab, Trastuzumab, Paclitaxel and Carboplatin
PET Scan
Pexidartinib (Turalio)
Photodynamic Therapy (PDT) for Your Skin
Physical Therapy after Your Fibula Free Flap
Physical Therapy After Your Rotationplasty
Physical Therapy Before Your Rotationplasty
Physical Therapy for Distal Femoral Replacement
Physical Therapy for Internal Hemi-Pelvectomy
Physical Therapy for Proximal Tibia Replacement
Physical Therapy for Reverse Total Shoulder Replacement
Physical Therapy for Strengthening Your Core After Abdominal Surgery
Physical Therapy for the Bone Marrow Transplant Patient
Physical Therapy for the Patient with Cancer
Physical Therapy for Your Oncologic Shoulder Replacement
PICC or Midline Catheter Sterile Dressing Change

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Pituitary Tumors
Planning for Your Hospital Discharge
Plastic Surgery Internet Resources
Plateletpheresis
Plerixafor (Mozobil)
PleurX Catheter Frequently Asked Questions
PleurX Catheter System Drainage Record
PleurX Catheter System Drainage Record - Spanish
PleurX Drainage Catheter
Pomalidomide (Pomalyst)
Ponatinib (Iclusig)
Portal Vein Embolization
Posaconazole Oral Solution
Post Nipple and Areola Tattoo Care Instructions
Post-op Incision Care Instructions for Musculoskeletal Oncology Patients
Pre-Bone Marrow Transplant (BMT) Evaluation
Prehabilitation Before Your Cancer Surgery
Preparing a Work Area
Preparing and Recovering from Your Gastrointestinal (GI) Surgery
Preparing and Recovering from Your Robotic Kidney Surgery
Preparing for a Stem Cell Collection
Preparing for Your 5-HIAA Urine Test
Preparing for Your Bladder Removal Surgery
Preparing for Your Breast Biopsy
Preparing for Your Central Venous Catheter (CVC) Placement
Preparing for Your Endoscopic Endonasal Skull Base Surgery
Preparing for Your Gynecologic Oncology Surgery
Preparing for Your Head and Neck Surgery
Preparing for Your Head and Neck Oncology Surgery
Preparing for Your Lung Surgery
Preparing for Your Lymphadenectomy Surgery
Preparing for Your Prostatectomy
Preparing for Your Sarcoma Surgery
Preparing for Your Thoracic Surgery
Preparing For Your Thyroid Radiofrequency Ablation
Preparing Your Chemotherapy
Prevent Bleeding When Taking Blood Thinners
Prevent Central Venous Catheter (CVC) Infections
Prevent Peripherally Inserted Central Catheter (PICC) Infections
Preventing Bleeding When You Have a Low Platelet Count

James Patient Education Handouts (A – Z)

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Preventing Deep Vein Thrombosis (DVT)
Preventing Falls During Outpatient Care
Problems with Your Central Venous Catheter (CVC)
Problems with Your PICC
Procarbazine (Matulane)
Prolaryn Treatment to the Vocal Cord
Prophylactic Lymphovenous Bypass (pLVB) Surgery
Prostate Cancer - Active Surveillance vs. Observation
Prostate Cancer - Determining Your Risk and Treatment Plan
Prostate Cancer - How to Prepare for Radiation Treatments
Prostate Cancer - How to Prepare for Your CT Scan
Prostate Cancer Grading
Prostate Cancer Screening
Prostate Cancer Treatment - Androgen Deprivation Therapy (ADT)
Prostatectomy - Day of Surgery
Prostate Radiation - Side Effects
Prostate Ultrasound and Biopsy
Prosthetic and Orthotic Companies - The James
Proton Therapy at The James: What to Expect
PTD: Pertuzumab, Trastuzumab and Docetaxel
PTP: Pertuzumab, Trastuzumab and Paclitaxel
Pulmonary Function Tests
Questions About My Medicines
Questions and Answers About Having a Mammogram
Questions and Answers About Sex and Prostate Cancer
Questions and Answers About Tube Feeding
Questions to Ask Before Having a Breast/Chest Biopsy
Quitting Tobacco Use
Quit Tobacco Use Before Surgery
Radiation Therapy for Brain Tumors
Radiation Therapy for Head and Neck Cancer
Radiation Therapy: Precautions for Use of Dietary/Herbal Supplements and Skin Products
Radical Hysterectomy
Radical Vulvectomy
Radioactive Prostate Seed Implant
Radioactive Seed Localization
Radiation Therapy for Gastrointestinal (GI) Cancers
Radon and Lung Cancer
Rash from Epidermal Growth Factors (EGF) Receptor Blockers
R-CHOP: Rituximab, Cyclophosphamide, Doxorubicin, Vincristine, Prednisone

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R-CODOX-M: Rituximab, Cyclophosphamide, Vincristine, Doxorubicin, Methotrexate
R-DHAX: Rituximab, Dexamethasone, Cytarabine, Oxaliplatin
Recipes for People with Head and Neck Cancer
Reconstructive Surgery Drain Care
Rectal Spacer
Recurrent Respiratory Papillomatosis (RRP)
Regorafenib (Stivarga)
Relaxation Exercises
Removal of Your Central Venous Catheter (CVC)
Removal of Your Central Venous Catheter (CVC) - Spanish
Removing Your Surgical Drain After Head and Neck Surgery
R-EPOCH: Rituximab, Etoposide, Prednisone, Vincristine, Cyclophosphamide, Doxorubicin
Resources for People with Ostomies
Restylane Treatment for Vocal Cord Problems
Ribociclib
Ribociclib and Aromatase Inhibitor Therapy
Ripretinib (Qinlock)
Robotic Bladder Surgery
Robotic Hysterectomy
Robotic Hysterectomy - Spanish
Robotic Kidney Surgery
Robotic Oophorectomy
Robotic Prostatectomy
Robotic Prostatectomy - After Surgery
Robotic Whipple or Distal Pancreatectomy and Splenectomy
Romidepsin
Ruxolitinib (Jakafi)
Sacituzumab Govitecan
Safety Tips for Peripheral Neuropathy Caused by Cancer Treatment
Safety Tips to Prevent Falls at Home
Sarcomas
Sarcoma Surgery - Day of Surgery
Sarcoma Surgery - What to Expect During Your Hospital Stay
Sarcoma Treatment: Managing Constipation
Sarcoma Treatment: Managing Nausea and Vomiting
Scalp Cooling
Scarves and Head Coverings for Hair Loss
Seated Lymph Drainage Exercises for Lower Extremity
Seated Lymph Drainage Exercises for Upper Extremity
Self-Catheterization and Irrigation for Female Patients with a Neobladder

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Self-Catheterization and Irrigation for Male Patients with a Neobladder
Self-Catheterization for Gynecologic Oncology
Self-Catheterization Record Gynecologic Oncology
Selpercatinib (Retevmo)
Sexual Changes During Chemotherapy
Sexuality After Cancer
Short-Term Side Effects from Head and Neck Radiation
Shoulder Abduction Exercises
Shoulder Exercises after a Neck Dissection
Shoulder Exercises after a Neck Dissection - Advanced Program
Sickle Cell Disease: Acute Chest Syndrome
Sickle Cell Disease: Questions and Answers
Skin Breakdown under the Breast
Skin Care for Gastrointestinal (GI) Radiation
Skin Care for Head and Neck Radiation
Skin Care for Head and Neck Radiation – Grade 1 Dermatitis
Skin Care for Head and Neck Radiation – Grade 2 Dermatitis
Skin Care for Head and Neck Radiation – Grade 3 Dermatitis
Small Cell Lung Cancer
Social Work Services for Head and Neck Cancer Patients
Soft Diet After Esophagectomy
Soft Diet After Gastrointestinal (GI) Stent
Sorafenib (Nexavar)
Steps to Treat Constipation with Over-the-Counter Medicine
Steroid Induced Diabetes
Steroid Induced Diabetes Education Checklist
Stopping Tobacco and Alcohol Use Before Surgery
Storage Pool Platelet Disorder
Stress Management for Head and Neck Cancer Patients
Substance Abuse Disorder Services Listing - The James
Suggestions for Making Each Day Count
Sulfamethoxazole and Trimethoprim
Sun Safety for Cancer Survivors
Sunitinib (Sutent)
Supine Decompression Exercises
Supporting Someone Who is Grieving
Supraglottic Swallowing Method
Surgery Instructions Voice & Swallowing Disorders Clinic
Surgical Oncology Pre-Operative Bowel Prep: Large Prep
Surgical Oncology Pre-Operative Bowel Prep: Small Prep

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Swallowing Exercises for Patients with Head and Neck Cancer
Syringe Bolus Tube Feedings
Taking Care of Yourself After TACE/TAE
Taking Your Temperature - Adult
Talazoparib
Tamoxifen for Females
Tamoxifen for Males
Targeted Therapy for Non-Small Cell Lung Cancer
Tazemetostat (Tazverik)
TC: Docetaxel and Cyclophosphamide
TCH: Docetaxel, Carboplatin and Trastuzumab
Telehealth Visits with My Health Care Team
Temozolomide (Temodar)
Temperature Record
Testicular Self-Examination (TSE)
Test Your Substances for Fentanyl
Thalidomide (Thalomid)
The ABCDE’s of Melanoma and Skin Self-Exam
The Blood and Marrow Transplant Health Care Team
The Esophagus
The Importance of Good Skin Care with Lymphedema
The James Advanced Exercise Program
The James Cancer Diagnostic Clinic
The James Cancer Diagnostic Clinic - Dublin
The Respiratory System
Therapeutic Phlebotomy
Things Everyone with Diabetes Should Know
Thioguanine (Tabloid)
Thoracic Surgery - Day of Surgery
Thyrogen
Thyroid Cancer
Thyroid or Parathyroid Surgery
Thyroid Testing and Treatment
Tips About Using Medicines
Tips About Using Medicines – Somali
Tips for a Successful Exercise Program
Tips for Managing Nausea and Vomiting
Tips for Weight Control and Healthy Living
Tisotumab vedotin
Tobacco Use and Head and Neck Cancer Treatment

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Tomosynthesis – 3D Breast Imaging
Total Body Irradiation (TBI) for Adults: What You Need to Know
Total Laryngectomy
Total Laryngectomy Supply Kit Electrolarynx
Total Laryngectomy Supply Kit Tracheoesophageal Puncture with Voice Prosthesis
Tracheoesophageal Speech with Voice Prosthesis
Tracheostomy Capping at Home
Tracheostomy Care with Non-disposable Inner Cannula - The James
Tracheostomy or Laryngectomy: When to Call Your Doctor
Training Your Neobladder
Trametinib (Mekinist)
Transarterial Embolization (TAE)
Transfusion of Blood / Blood Products
Transfusion Reaction
Transperineal Prostate Biopsy
Trastuzumab
Trastuzumab and Hyaluronidase
Trastuzumab and Lapatinib
Trastuzumab, Tucatinib, and Capecitabine
Treatment for Erectile Dysfunction (ED) Penile Implants
Treatment for Erectile Dysfunction (ED) Penile Injection Therapy
Treatment of Diarrhea using High-Dose Loperamide
Treatment of Diarrhea using Moderate-Dose Loperamide
Tretinoin (ATRA/Vesanoid)
Trismus
Tumor Reduction Surgery
Tunneled Central Venous Catheter (CVC) Placement
Types of Breast Cancer Surgeries
Type 2 Diabetes: Medicines Before a Test or Surgery
Types of Lung Surgery
Understanding Blood Cell Counts
Understanding Blood Tests
Understanding Radiosurgical Hypophysectomy: A Non-Invasive Approach to Cancer Pain Relief
Urinary System Diagram
Urostomy Wallet Card
Useful Information for Lung Cancer Patients and Guests
Useful Information for Patients and Guests
Use of Buprenorphine Only (Subutex) or Buprenorphine with Naloxone (Suboxone) for Cancer-Related Pain
Use of Incentive Spirometer Before Your Surgery
Using Elastic Tape to Control Swelling

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Using Exercise to Fight Cancer-Related Fatigue
Using Herbs and Dietary Supplements
Vaginal Dilator Exercises
Vaginal or Vulvar Biopsy
Vandetanib (Caprelsa)
Vascularized Lymph Node Transfer to Manage Lymphedema
VD-PACE: Velcade, Dexamethasone, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide
Vemurafenib (Zelboraf)
Venetoclax (Venclexta)
Video Sitter Program for Your Safety
Vinorelbine
Vitamin D
Vocal Hygiene
Vorinostat (Zolinza)
Walking Guidelines for People with a Brain Tumor to Use at Home
Walking Guidelines for People with Cancer to Use at Home
Warm Plan for Drug Leak
Welcome to 12 James Surgical Oncology
Welcome to Gynecologic Oncology
Welcome to the Acute Leukemia Program
Welcome to the Adult Sickle Cell Program
Welcome to the Adult Sickle Cell Program - Haitian Creole
Welcome to the Adult Sickle Cell Program - Spanish
Welcome to the Head and Neck Oncology Program
Welcome to The Hemostasis and Thrombosis Treatment Center (HTC) at The Ohio State University WMC
Welcome to The Interventional Pulmonary Clinic
Welcome to The James - Admission
Welcome to The James Gastrointestinal (GI) Clinic
Welcome to The James Hematology and Transplant Clinic
Welcome to The James Infusion Clinic
Welcome to The James Lung Cancer Clinic
Welcome to The James Lymphedema Center of Excellence
Welcome to The James Neuroendocrine Tumor Clinic
Welcome to The James Neuro-Oncology Clinic
Welcome to The James Neurosurgery Clinic
Welcome to The James Sarcoma Medical Oncology Clinic
Welcome to The James: Your Clinic Visit
Welcome to the Palliative Harm Reduction and Resiliency (PHRR) Clinic
Welcome to The Stefanie Spielman Comprehensive Breast Center - Breast Imaging Department
Welcome to The Stefanie Spielman Comprehensive Breast Center - Plastic Surgery

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Welcome to The Stefanie Spielman Comprehensive Breast Center - Surgical Oncology
Welcome to The Thoracic Medical Oncology Clinic
Welcome to The Thoracic Surgery Clinic
What if I Want to Have a Child
What is a Biosimilar Drug?
What is a Bleeding Disorder?
What is a Medical Social Worker?
What is a Nurse Practitioner?
What is an ENT Speech-Language Pathologist (ENT SLP)?
What is Prostate Cancer?
What to Expect at Your Audiology Visit – The James
What to Expect at Your Preoperative Visit
What You Need to Know About Your Clinic Visit at The James
What You Need to Know About Your External Beam Radiation Therapy
What You Need to Know About Your Proton Beam (Radiation) Therapy
When You Are Unable to be With Your Loved One During Their Final Days
Where to Begin After a Death
Why Do I Need More Than One IV?
Wide Excision and Sentinel Lymph Node Biopsy for Melanoma
Wound Care After a Biopsy or Electrodesiccation and Curettage Procedure
Wound Care After Skin Surgery
Wound Drainage Record Sheet
Wrapping the Leg to Control Lymphedema
Wrapping Your Arm to Control Lymphedema
Wrapping Your Fingers to Control Lymphedema
Your Acute Leukemia Health Care Team
Your Cancer Treatment Goals
Your Care After Discharge from the Hospital
Your Clinic Health Care Team - James Cancer Hospital
Your Communication Menu - The James
Your Gastrointestinal (GI) Clinic Health Care Team - The James
Your Head and Neck Oncology Health Care Team
Your Health Care Team - James Cancer Hospital
Your Health Care Team - James Cancer Hospital - Russian
Your Health Care Team - James Cancer Hospital - Somali
Your Health Care Team - James Cancer Hospital - Spanish
Your Hematology and Transplant Clinic Care Team
Your Hemostasis and Thrombosis Treatment Center Team
Your Interventional Pulmonary Clinic Team - James Cancer Hospital
Your Lung Cancer Clinic Health Care Team

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Your Lungs and How They Work
Your Lymphoma Health Care Team
Your Radiation Schedule and Important Phone Numbers
Your Recovery After Surgery
Your Sarcoma Clinic Care Team - James Cancer Hospital
Your Thoracic Medical Oncology Team - James Cancer Hospital
Your Thoracic Surgery Team - James Cancer Hospital
Zenker’s Diverticulum
Zoledronic Acid (Zometa, Reclast)